



נועם שבת
Noam Shabbos Project
 In memory of Naama Markovits A”H
 לע”נ נעמה חנה ע”ה ב”ר יהודה איסר נ”י



Sefer Shabbos Kodesh
 (ספר שבת קודש)

Chapter 3: Shabbos is the Day We Can Find Hashem (Continued)

(זכור את יום השבת לקדשו)

[Pages 31-34] [Hebrew version: Pages כ”ב-כ”ד]

Shavous is a special time to attain Torah, Succos is unique for one to grow in Simcha, and Pesach is the time to gain freedom. What is the special uniqueness of Shabbos? Shabbos is the time when one can seek Hashem and increase his awareness of hashem in his life. Rav Pincus explains that when we Daven with Kavana it doesn't mean we are pleading with Hashem with extra concentration on the matter for which we may be Davening, rather Kavana means increasing our awareness and appreciation of Hashem. During the times of the Bais Hamikdash we were able to understand that Hashem is a "living g-d" for there were constant miracles reminding us that there is a Bal Habayis running the world and this awareness stemmed from that holy place. Today the only Bais Hamikdash we have is Shabbos and although we may have spent many Shabbosim not feeling Hashem's presence, that is only due to the darkness that is so pervasive in our world; however, if you truly desire to seek out Hashem then Shabbos is the greatest time to do so.

Hilchos Shabbos
 (הלכות שבת)

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Type of Planning Permitted On Shabbos

We previously mentioned the prohibition of “Dabair Davar”, speaking one's intent to do an act after Shabbos not permitted to be performed on Shabbos. However, *only an explicit verbalization of one's intent to do a Melacha after Shabbos is prohibited*. For example, it is permitted to say “I plan to travel to Yerushalayim on Sunday”, as long as he does not mention driving there. Likewise, it is permitted to discuss and plan Mitzvah projects/activities on Shabbos. For example; planning a Yeshiva fundraiser, or discussing financial aspects of a Shidduch, (although no specific monetary or business arrangements may be verbally concluded on Shabbos). (Note: although mundane discussions are permitted, it is praiseworthy to limit or avoid such talk on Shabbos.)

Shulchan Aruch w/Mishnah Brurah 306:6,8, 307:6,7

Shabbos Tefillos Insight
 (תפילות שבת)

The ברכה of קדושת שבת that is common to all of the שמונה עשרה of Shabbos varies slightly from the ברכה of קדושת יו”ט that we say on Yom Tov. On Shabbos we add the words רצה במנוחתנו which is a prayer that Hashem be appeased by our rest. It is actually a sort of wake up call that we use this rest in a way that appeases Hashem, such as learning Torah and doing Mitzvos. We also say the words והנחילנו ה' אלקנו באהבה וברצון שבת קדשך asking Hashem to grant to us as an inheritance, with love and desire, the Shabbos Kodesh. Some Mepharshim explain that this is referring to Olam Haba, the time that is Kulo Shabbos. Others say it refers to the Shabbos that we will experience after the exile is over when we will be able to fully commit to the Mitzvos of Shabbos without interference by the rest of the world.