



נועם שבת
Noam Shabbos Project
 In memory of Naama Markovits A”H
 לע"נ נעמה חנה ע"ה ב"ר יהודה איסר נ"י



Sefer Shabbos Kodesh
 (ספר שבת קודש)

Chapter 3: Shabbos is the Day We Can Find Hashem (Continued)
 (זכור את יום השבת לקדשו)
 [Pages 28-31] [Hebrew version: Pages י"ט-כ"ב]

There are three foundations of Judaism: faith, love and fear of Hashem. When one ponders on every facet of creation from the sun, moon and stars to his eyes and intellect how could he not believe in Hashem? Hashem’s presence and pure kindness is found all around us and any honest thinker will tell you it is extremely difficult not to believe in Hashem. Furthermore, Hashem is constantly providing for all our needs, from our health to our finances to any issue no matter how minute or severe, our father in heaven is caring for everything so how could one not love Hashem? Every Jew believes in the world to come and that all our actions affect us now as well as after we pass away. If so, how could one not fear Hashem? Yet we find people who don't believe, fear or love Hashem. How can they evade such obvious truths? Rav Pincus explains that it is truly a miracle as Hashem covered the world in a darkness and you can be surrounded by Hashem’s kindness and awesomeness and yet be totally unaware of it. However, there is a 24 hour period every week where all day it is the “Yom HaShabbos” as the Torah refers to it, on which the blanket of darkness is removed and one can easily seek out Hashem and recognize he is “Meloh Chol Ha’aretz”.

Hilchos Shabbos
 (הלכות שבת)

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Commonplace activities which prepare for after Shabbos

Although generally one may not prepare on Shabbos for after Shabbos, nevertheless, simple non-strenuous, activities which are *done routinely and effortlessly as a matter of course* without specific thought given to the benefit of being prepared for after Shabbos, are permitted to be done on Shabbos. Examples are; returning food to the refrigerator after Shalosh Seudos, returning a sefer to a bookshelf, carrying one’s tallis home and/or carrying a house key (where there is an eruv permitting carrying on Shabbos) even when one is certain that the key will not be used until after Shabbos.

Shulchan Aruch 290:MB4, Shmiras Shabbos Kehilchasa 28:81, 28:190, (citing R’ S.Z. Auerbach)

Shabbos Tefillos Insight
 (תפילות שבת)

In the Friday night עשרה עשרה we recite the פסוקים of ויכלו, describing the creation of Shabbos. This is in line with the idea that we mentioned earlier that the language of the first tefilla of Shabbos alludes to שבת בראשית. It is also our way of fulfilling the words of the גמ' that one who recited these פסוקים becomes like a partner with Hashem in the creation of the world. The מפרשים explain that reciting the words is not sufficient, rather one must concentrate on instilling in his heart this truth, that Hashem is the Creator of the world. For this reason we repeat these פסוקים after davening and again by Kiddush, as something that is done three times is stronger and viewed as more significant.