



**נועם שבת**  
**Noam Shabbos Project**  
 In memory of Naama Markovits A”H  
 לע”נ נעמה חנה ע”ה ב”ר יהודה איסר נ”י



**Sefer Shabbos Kodesh**

(ספר שבת קודש)

**Chapter 4: The Sanctity of Shabbos and the Beis HaMikdash (Continued)**

(קדושת שבת – כקדושת בית המקדש)

[Pages 42-44] [Hebrew version: Pages א”א-ד”ז]

In Sefer Shemos, Shabbos is described as “*Zecher L'Maaseh Berieshis*,” a remembrance of the day of creation, while in Sefer Devarim, the torah describes Shabbos as “*Zecher L'Yitziyas Mitzrayim*,” a remembrance of the exodus of Egypt. As Rav Pincus points out that these are very perplexing descriptions for Shabbos and both seem to have little to do with Shabbos. Shabbos was formed on the seventh day of creation, which preceded the exodus from Egypt by many years, so how is Shabbos a remembrance for such event? Furthermore, how does refraining from working on Shabbos remind us of the day of creation? If anything, what is forbidden on Shabbos is Melech Machsheves, or creative work, such as writing two letters, kindling a flame or other acts that involve creating. Why are we supposed to remember the day of creation by refraining from acts of creation? As we learn this chapter and future chapters in the Sefer Shabbos Kodesh over the next several weeks, we will delve deeper into gaining a greater understanding of the true beauty of Shabbos.

**Hilchos Shabbos**

(הלכות שבת)

By: dailyHalacha@aol.com - Reprinted with permission

**Sending Mail or FedEx Packages on Erev Shabbos**

One may use a postal system to send regular mail on Friday, (even close to Shabbos), even if the letter usually reaches its destination in one day and will be delivered on Shabbos, because: (a) (if) we (can) assume that the workers are non-jewish, (b) the postal system is being paid for the job, not by the hour or day, and therefore the work is being done on Shabbos for the convenience of the postal service and/or non-jewish postal employees, and (c) when using the postal service one is not directly instructing the non-jew, he is merely setting the postal delivery system in motion. However, when using an overnight delivery service (i.e. U.S. Postal Overnight, or Federal Express), one should not check off the box requesting Saturday delivery because by doing so one can no longer claim that the Saturday delivery is being done for the convenience of the non-jew. Nevertheless, if a package is urgent, one may send the package on Friday for Saturday delivery in reliance upon reasons (a) and (c) above.

*Shulchan Aruch w/Mishna Brurah 247, Igros Moshe 3:46, Shmiras Shabbos Kehilchasa 31:60,62, Sefer 39 Melochos*

**Shabbos Tefillos Insight**

(תפילות שבת)

The practice of reciting an elongated פסוקי דזמרה on שבת finds a source as far back as the זוהר, and maybe even from the אנשי כנסת הגדולה. The reason for adding extra מזמורים is because there is no problem of מלאכה as work is anyways forbidden. Therefore, we take advantage of the opportunity to praise Hashem with מזמורים that speak about the creation of the world which hints to Shabbos, and about the Torah that was given on Shabbos. They are not recited in canonized order; rather they are grouped by topic. The ultimate purpose is to awaken the heart and soul to daven with excitement.